

FRANCISCAN — FEBRUARY 2015

A PUBLICATION OF ST. FRANCIS EPISCOPAL CHURCH—“PROCLAIMING THE GOOD NEWS IN WORD AND DEED”

Dear Brothers and Sisters in Christ:

I would like to share with you the most recent communication from Bishop Breidenthal. In this “Note from the Bishop,” he talks about the difficulty of having celebrated Christmas as we “emerge from the cocoon of Christmas into a world of terror,” an issue to which I have spoken on several occasions. He also speaks to some of our fears as an Episcopal Church in Southern Ohio and about how our young adults “are not replacing old adults,” after which he rightfully proclaims his hope in Christ. Please find below a message from The Right Reverend Thomas E. Breidenthal, Bishop of Southern Ohio.

Where are we as we enter into a new year? Sadly, we emerge from the cocoon of Christmas into a world of terror, geopolitical uncertainty, and for many of us the slog of long work days and little light. This is the time of year when I am most ready to pray the ancient hymn with which our rite of Evening Prayer begins:

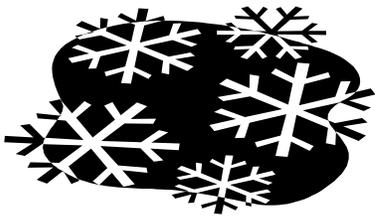
“O gracious light, pure brightness of ever-living Father in heaven, O Jesus Christ, holy and blessed. Now as we come to the setting of the sun, we sing your praises, O God, Father, Son and Holy Spirit. You are worthy to be praised by happy voices, O Son of God, O giver of life, and to be glorified through all the worlds.”

We are not in a bad way in Southern Ohio - to the contrary, much is flourishing. But there is fear that the old ways are dying, and that young adults are not replacing old adults. That fear is well founded. Young adults are not interested in shoring up the church as an institution. Nevertheless, they are interested in Jesus, and what it might mean to follow him in connection with others.

This is where I find hope - not for our survival as a denomination, but for a recovery of the Episcopal tradition as a movement, grounded in Jesus, claiming union with the apostles through time, and always ready, on the basis of that apostolic order, to be in relationship with whatever is around us. This is the key - to be in relationship with whatever is around us.

Brothers and sisters, I call your attention to the fact that our bishop has hope in “a recovery of the Episcopal tradition as a continual movement in the world in which we live,” no matter what. We too should have the very same hope and confidence in who we are, what we do when we worship, and what we think theologically when we pray; and this hope, as the bishop says, should be “grounded in Jesus.”

Faithfully, Fr. Ed+



FEBRUARY CALENDAR

SUNDAY	MONDAY	TUESDAY	WED.	THURSDAY	FRIDAY	SATURDAY
1 Choir Rehearsal 9:15 am Sunday School 10:30 am Holy Eucharist, Rite II 10:30 am "Soup"er Bowl Sunday Youth Group Meeting	2 Office Closed SFD 10:30 am Jazzercise 5:30 pm	3 Jazzercise 5:30 pm Boy Scouts 6:00 pm & 7:00 pm	4 Bible Study 10:30 am Jazzercise 5:30 pm Census Committee Meeting	5 Jazzercise 5:30 pm Alanon 7:30 pm	6 Office Closed Jazzercise 5:30 pm	7 Jazzercise 7:00 am & 9:15 am
8 Choir Rehearsal 9:15 am Sunday School 10:30 am Holy Eucharist, Rite II 10:30 am Youth Room Painting	9 Office Closed Jazzercise 5:30 pm	10 Jazzercise 5:30 pm Boy Scouts 6:00 pm & 7:00 pm (Committee Meeting)	11 Bible Study 10:30 am Jazzercise 5:30 pm	12 Jazzercise 5:30 pm Alanon 7:30 pm	13 Office Closed Jazzercise 5:30 pm	14 Jazzercise 7:00 am & 9:15 am Valentines Day 
15 Choir Rehearsal 9:15 am Sunday School 10:30 am Holy Eucharist, Rite II 10:30 am Annual Meeting	16 Office Closed Jazzercise 5:30 pm	17 Shrove Tuesday Pancake Supper 5:30 pm 	18 Bible Study 10:30 am Ash Wednesday The Imposition of Ashes 7:00 pm	19 Jazzercise 5:30 pm Alanon 7:30 pm	20 Office Closed Jazzercise 5:30 pm	21 Jazzercise 7:00 am & 9:15 am
22 Choir Rehearsal 9:15 am Sunday School 10:30 am Holy Eucharist, Rite II 10:30 am	23 Office Closed Jazzercise 5:30 pm	24 Jazzercise 5:30 pm Boy Scouts 6:00 pm & 7:00 pm Vestry Meeting 7:00 pm	25 Bible Study 10:30 am Jazzercise 5:30 pm	26 Jazzercise 5:30 pm Alanon 7:30 pm	27 Office Closed Jazzercise 5:30 pm	28 Jazzercise 7:00 am & 9:15 am

Food Pantry Items Most Needed

Food:

Canned Fruits/Vegetables
Soups/Chili/Stew
Chicken/Pasta/Beans/Rice
Dehydrated Potatoes/Spaghetti Sauce
Macaroni and Cheese
Peanut Butter/Jelly
Flour/Sugar/Juice/Oil
Crackers/Cereal

Cleaning Supplies:

Laundry Detergent/Liquid Dish Detergent
Generic Cleaning Supplies

Health & Beauty:

Bars of Soap/Shampoo
Deodorant/Razors
Toothpaste/Toothbrush

Baby Needs:

Infant Formula (Similac or Isomil)
Jarred Baby Food/Cereal/Diapers
Baby Wipes

Household Products:

Toilet Paper/Paper Towels
Tissue/Trash Bags
Manual Can Openers



Ushers and Greeters Needed!

The Usher and Greeters Ministry is in need of additional parishioner couples and parishioners in the coming year.

If you are interested in serving as an Usher, please contact Joe Spangler.

Announcements



FEBRUARY BIRTHDAYS

Lauren Kock	2/1
Thomas Korab	2/1
Chinosa Oduah	2/7
Charlotte Bradley	2/9
Andrea Sprowles	2/14
Beth Mann	2/18
Tori Hamilton	2/27

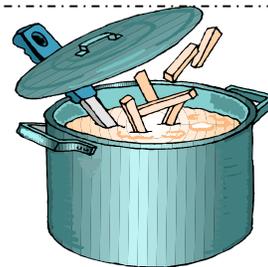


FEBRUARY ANNIVERSARY

Ron and Roxie Thomas	2/27
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If your name does not appear on our birthday or anniversary list, please contact the church office.

OUTREACH “SOUP”er BOWL SUNDAY



St. Francis will continue its traditional participation in “SOUP”er Bowl Sunday on February 1st.

A simple prayer delivered by a young seminary intern in South Carolina in 1990 resulted in a youth led movement to help hungry people around the world. “Lord, even as we enjoy the Super Bowl football game, help us to be mindful of those who are without a bowl of soup to eat.”

Since that simple beginning, more than \$90 million has been generated for soup kitchens, food banks, and other charities across the country.

Outreach Ministry will be adding homemade and delicious soup to the February 1st Coffee Hour. Any donations received will benefit the Franklin Food Pantry.

~ ANNUAL MEETING ~ St. Francis Parish Sunday, February 15th following the 10:30 am Liturgy.

During this meeting, delegates to the 2015 Diocesan Convention will be chosen, and new Vestry Members will be announced. An update of budget and finances will be presented as well.

All Ministry Chair persons should write a brief report of what has taken place during the past year and what their plans are for the year to come. All reports must be turned into the Church Secretary by Wednesday, February 11th.

What Else is Happening at St. Francis



Youth Group

The Youth Group will be painting the youth room on Sunday, Feb. 8th following the service. Please bring drop clothes, paint rollers and paint brushes. Make sure you have old clothes to change into. Everyone is welcome to stop by and see the new and improved youth group room.

The Youth Group is always open to all kids and teens twelve years old to college age. You are welcome to come to any meetings, which is on the first Sunday of the month. If you have any questions please feel free to contact Lisa Spangler, Youth Group Director.

Shrove Tuesday Pancake Supper

St. Francis Episcopal Church

February 17th

5:30 PM - 7:00 PM

Per Person - \$5.00

Family of 4 or more - \$20.00

Come and eat all the pancakes you want before beginning our period of fasting for Lent. If one would like to help with the Pancake Supper, please call Robin Hamrick at (937) 550-4500. Hope to see you there!



Ash Wednesday Worship

Ash Wednesday will be held Wednesday, February 18th at 7:00 pm in the Nave. During this service, Holy Communion will be administered and ashes will be imposed upon our foreheads, reminding us of our mortality. Please come!



OUTREACH PULL TAB MINISTRY PLEASE CONTINUE COLLECTING!

Ronald McDonald House Charities recycles and receives salvage value for the aluminum tabs found on various beverages, soup, pet food and many other canned items you purchase.

In December, St. Francis delivered 7 pounds of these tabs to this very worthwhile charity - which provides a "home away from home" for families with sick children who are hospitalized in locations away from their family home.

Please continue to stop by the display in the Narthex and drop off your tabs in the large collection basket - or you may want to pick up a small collection box to keep in your kitchen as a reminder. When your "little" box is full - just deposit it in the large collection basket.

Thank you for continuing to REACH OUT to children and families with a special need.

HEIFER INTERNATIONAL - Outreach Lenten Ministry

Beginning the second Sunday in Lent (March 1) and continuing throughout the Lenten season, a table will be in place in the Narthex providing information about Heifer International.

This unusual organization describes itself as "An Ark for Today's World." Founded in 1944, Heifer partners with congregations like St. Francis to provide income and food producing animals to thousands of hungry and resource-poor families throughout the world. Animal products such as milk, eggs and meat improve nutrition while other products like draft power and natural fertilizer enrich the environment rather than deplete it while helping families earn money for education, clothing and health care.

The only stipulation to receiving these gift animals is the Heifer philosophy of PASS ON THE GIFT. Families or individuals receiving gift animals agree to give one or more of their animal's offspring to other families in need.

Please stop by the Heifer International table during Lent to pick up colorful and descriptive literature as well as information regarding financial support for this ministry. Learn more about Heifer and a GIFT THAT KEEPS ON GIVING.

New Sunday School Director

Jenny Catalan has graciously decided to become St. Francis' Sunday School Director. Sunday School will start Sunday, February 1st. Please come and join us!



HEALTHY THOUGHTS:

HOW TO LOVE YOUR HEART

Jeremiah 17:14- Heal me, O Lord, and I shall be healed; save me, and I shall be saved; for thou {art} my praise.

Get off the sofa and take a walk.

Rake the leaves. It's good exercise.

Laugh more. Stress less.

Check your blood pressure regularly.

Sleep at least 8 straight hours every night.

Get a yearly checkup.

Exercise with a friend {it's more fun that way}.

Watch your sodium intake. No more than 1500 mg a day.

Go whole-grain {brown rice, oatmeal ,etc}.

Eat more fruits and veggies.

Poultry and fish, yes. Red meat, not so much.

Drink more water.

Taken from the StayWell Company in Yardley, PA



Parish Health Ministry

Saint Francis Episcopal Church
The Episcopal Church in Springboro
225 N. Main Street
Springboro, OH 45066
(937) 748-2592

ADDRESS SERVICE REQUESTED
TIME DATED MATERIAL



The Franciscan

a monthly publication of

Saint Francis Episcopal Church
225 North Main Street, Springboro, OH 45066
(937) 748-2592
www.saintfran.org

SUNDAY MORNING WORSHIP

Holy Eucharist, Rite II10:30 am
Sunday School.....10:30 am

WEDNESDAY CLASSES

Bible Study.....10:30 am